

Ethics

I must promote equality and offer a non-discriminatory practice regarding age, disability, gender reassignment, relationship status, race, religious beliefs and sexuality.

I must respect the skills and contributions that others bring to the care of client. I must not discriminate against or unjustly criticise any health professional.

I must act with honesty and integrity and can only offer a personal opinion in line with my own experience and training.

I must be accepting that clients have the right to make their own decisions.

I understand and accept that client's right to withdraw from therapy with Calmology at any time.

Any complaint may be taken up directly with myself. I aim to work in the client's best interest with fairness and integrity.

I must work in the client's best interest and if at any time I feel the client requires further or Specialist support, I must make this known to the client.

I do not work in with any other services and do not refer client's to other services.

I must work within my capabilities and skills, acknowledging if the needs of the client or complexity of the case is beyond my capabilities. I must be open, should I feel a client may benefit from additional or other support.

I am free to decide which clients are accepted for appointments and am able to refuse an appointment, without justification.

I do not and will not record client therapy sessions without prior consent from the client.

I have a duty of care towards the client, to notify services should I feel my client, or someone else is at risk.

Confidentiality

I see confidentiality as integral to the relationship between the client and myself. The work we do, involves instigating and maintaining a partnership of trust before, during and after therapy.

All interactions within a therapy setting that take place between myself and the client will remain confidential, this includes face to face interaction, online interaction, emailing, messages and phone conversations.

No one other than myself will have access to any client information held.

I will keep client information for a period of eight years after their last appointment.

Under no circumstances will any recording take place without prior consent from the client.

Health-

Seeing a Hypnotherapist is no replacement for seeking professional medical advice. Any physical or mental/emotional/physical ailment should be reviewed by a medical professional. I do not offer medical advice or diagnosis.

Any client undergoing treatment elsewhere for the presenting issue, should first seek their approval prior to seeing me. No outcome should be requested against your Doctor's advice.

Booking a session is declaration by the client that such medical advice has already been sought and that the work requested by the client is in accordance with any medical advice that is given.

I must be made aware of any underlying client emotional, psychological or health conditions prior to our first appointment

Qualifications:

Trained and certified in Professional Clinical Hypnotherapy and Hypnosis with Tim Phizackerley

Trained and certified in PSTEC based therapy with Tim Phizackerley

Fully insured- Public Liability, Professional Indemnity

DBS checked and cleared

I use a variety of hypnosis techniques, mindfulness techniques and PSTEC (Percussive Suggestive Technique) in a therapy setting

Mindfulness and Meditation Practitioner with Dorset Mindfulness Centre

Member of the Association for Psychological Therapies, APT

Disclaimer: As stated above, every client and every case is dealt with on an individual basis, therefore your results will also be individual to you.

I only work with clients that I believe I can assist.

No therapist can claim 100% effectiveness. Therefore, the importance of finding the correct therapy and Therapist for each individual cannot be underestimated.



Online appointments:

By making an appointment with Calmology, I, the client, am agreeing that I am aware of and will adhere to the above information.

By making an appointment with Calmology, I, the client, am confirming that I am eighteen years or over.

By making an appointment with Calmology, I the client, am confirming that, under no circumstances will any recording take place without prior consent from the business owner, Anna Garratt.

By making an appointment with Calmology, I, the client, do I confirm that I have received, read, agreed with and will adhere to all of the guidelines set out in Calmology's Code of Conduct document.